



STATE OF LOUISIANA  
 OFFICE OF THE LIEUTENANT GOVERNOR  
 DEPARTMENT OF CULTURE, RECREATION AND TOURISM  
 OFFICE OF STATE PARKS  
 LOUISIANA OUTDOORS OUTREACH PROGRAM-NEW ORLEANS



## Adventure Challenge Course Menu

### General Course Description

The LOOP Challenge Course at City Park consists of ten low-course and eight high course elements. Groups of 8 to 20 people participate in a series of sequenced initiatives and activities, through which they are challenged to work together and individually.

### Low Course

*Low* refers to the height of each element—being low to the ground. For each element, a problem solving activity is presented to the group. The group is challenged to involve all members in completing the specified task. Low elements provide an opportunity for critical thinking, positive risk-taking and team-building without the necessity of overcoming high anxiety.

### High Course

*High* refers to the potential height of each climb. Participants learn to safely secure themselves in a climbing harness, and are challenged to climb individually and as part of team. Each element varies in its level of physical and technical challenge. The course is appropriate for people who are reasonably fit from ages 12 and older. That said, LOOP facilitators challenge each individual to participate at the level s/he is comfortable. A person is never forced to do anything, and should an individual choose not to participate physically, LOOP provides ample opportunity to be involved and act as part of the team.

### Programming Pricing\*

For groups sized 8-20 participants

Workshop	Youth Price Per Participant	Adult Non-Profit Price Per Participant	Adult Private Price Per Participant
Half-Day Team Builder	\$35	\$45	\$55
Full Day Team Builder	\$60	\$80	\$100
Two Day Team Builder	\$100	\$120	\$150

\*See reverse for descriptions of expected program accomplishments.

LOUISIANA OUTDOORS OUTREACH PROGRAM-NEW ORLEANS  
 CITY PARK • 1 PALM DRIVE • NEW ORLEANS, LA 70124 • PHONE (504) 388-7468

*PROVIDING A WORLD CLASS OUTDOOR EDUCATION PROGRAM TO UNDERSERVED YOUTH IN THE NEW ORLEANS AREA*

## Programming Descriptions

Workshop	Expected Accomplishments	Strategies
Half day Team Builder	<ul style="list-style-type: none"> <li>• Participants get to know one another differently than they might in their usual setting, strengthening productivity</li> <li>• Establish a great awareness of teamwork</li> <li>• Create atmosphere of mutual support, emphasizing cooperation encouragement and interpersonal concerns</li> </ul>	A series of ice-breaker acquaintance, trust and problem solving initiatives. Problem solving initiatives, including low course elements, vary in rigor and graduate in difficulty.
Full day Team Builder	<ul style="list-style-type: none"> <li>• Reinforce half-day objectives</li> <li>• Explore more deeply how teams can use group resources more effectively</li> </ul>	A series of ice-breaker acquaintance, trust and problem solving initiatives. Problem solving initiatives, including low course elements, vary in rigor and graduate in difficulty. Each participant encouraged to climb one or two high elements.
Two day Team Builder	<p>Multiple day programs allow groups to focus on and analyze issues important and unique to the team.</p> <p>Participants have more opportunities to:</p> <ul style="list-style-type: none"> <li>• Examine behaviors and work towards improving individual and team performance</li> <li>• Develop action plans to reinforce take home ideas of the adventure programming</li> </ul>	A series of ice-breaker acquaintance, trust and problem solving initiatives. Problem solving initiatives, including low course elements, vary in rigor and graduate in difficulty. Each participant encouraged to climb multiple high elements, including participation in team climbs.

**For more information or to apply for a program, contact:**

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